

## **Dermatitis Face & Body- Moderate to Severe**

Juniper Australia recommends the following routine to get the best results for aggravated eczema of the face and, for eczema of the body:

### **MORNING**

- Cleanse, using **Calming Face and Body Wash** as per instructions on the bottle.
- Massage the entire area with the **Calming Treatment Serum**.
- Moisturise with **Calming Jojoba Moisturiser** (Body)
- Moisturise **Ultra Calm Replenishing Cream** (Face)

For **Dermatitis of the hands** use **Repair + Restore Hand Treatment** as per instructions on the bottle.

### **EVENING**

- Cleanse, using **Calming Face and Body Wash** as per instructions on the bottle.
- Massage the entire area with the **Calming Treatment Serum**.
- Moisturise with **Calming Jojoba Moisturiser** (Body)
- Moisturise **Ultra Calm Replenishing Cream** (Face)
- Lock in moisture with **Medi Balm** over the affected area's

Note- The **Ultra Calm Exfoliating Mask** and **Calming Rose Otto Mist** may be used (as per instructions on the bottle) when flare-ups are under control.

**Thank you for trusting Juniper and we look forward to giving you the gift of healthy skin.**