

## Mature Skin

Juniper Australia recommends the following routine to get the best results for your skin type.

### **Morning**

- Cleanse **once**, using **Nourishing Cream Cleanser** as per instructions on the bottle
- Tone **twice**, using **Rose-Otto Hydrating Mist** as per instructions on the bottle. Please note that it is very important to tone twice as this will assist in refining the pores and balancing the skins natural pH, maintaining hydration.
- Apply **Pure Rejuvenation Oil** as per instructions on the bottle.
- Apply **Moisture Rich Hydrating Cream** as per instructions on the bottle
- Apply **Revitalising Eye Cream** as per instructions on the bottle
- Apply **Antioxidant Skin Firming Serum** by patting on the skin and leave for a few minutes before applying any sunscreen or makeup. Skin Firming Serum can be applied after make-up to set make-up in place. It can also be re-applied through the day to smooth lines and wrinkles.

### **Evening**

- Cleanse **twice**, using the **Nourishing Cream Cleanser**.
- Tone **twice**, using **Rose-Otto Hydrating Mist**.
- Apply **Pure Rejuvenation Oil** or **Vitamin C+ Night Serum**
- Apply **Revitalising Eye Cream** around the eye and lip area.

Note: In addition to your regular routine we advise that you incorporate the following Intensive Treatments: -  
Exfoliate your skin twice a week with the **Regenerative Facial Exfoliant**.  
Apply a **Renewal Clay Mask** once a week to replenish moisture and brighten the complexion.

**Enjoy your products!**