

## **Eczema Face & Body moderate to severe**

Juniper Australia recommends the following routine to get the best results for aggravated eczema of the face and for eczema of the body:

### **MORNING**

- Cleanse, using **Calming Face and Body Wash** as per instructions on the bottle.
- Massage the entire area with the **Calming Treatment Serum**.
- Moisturise with **Calming Jojoba Moisturiser** Body.
- Moisturise **Ultra Calm Replenishing Cream** Face.

### **EVENING**

- Cleanse, using **Calming Face and Body Wash** as per instructions on the bottle.
- Massage the entire area with the **Calming Treatment Serum**.
- Moisturise with **Calming Jojoba Moisturiser** Body.
- Moisturise **Ultra Calm Replenishing Cream** Face.
- Lock in moisture with **Medi Balm** over the affected area's

Note- The **Calming Rose Otto Mist** may be used when flare up's on the face are under control.

**Thank you for trusting Juniper and we look forward to giving you the gift of healthy skin.**