



OILY/DEHYDRATED SKIN



MORNING

- Cleanse Oil Balancing Cleanser
 - Tone Oil Purifying Treatment Toner
- Please note that for oily/dehydrated skin types it is very important to tone twice as this will assist in refining the pores
- Apply Oil Balancing Lotion
 - Apply Revitalising Eye Cream
 - Apply Antioxidant Skin Firming Serum

EVENING

- Cleanse Oil Balancing Cleanser
- Tone Oil Purifying Treatment Toner
- Apply Oil Balancing Lotion
- Apply Revitalising Eye Cream
- Apply Antioxidant Skin Firming Serum

The Oil Balancing Range is also recommended for the treatment of adult acne.

In addition to your regular routine, you can maintain a healthier, clearer complexion by:

Exfoliating twice a week with the **Purifying Facial Exfoliant**. Avoid exfoliating when pustules are present.

Applying a **Calming Clay Mask** for mild congestion or the **Renewal Clay Mask** for deep Cleansing.

TIPS

Pre-cleanse with the **Calming Makeup Remover** to remove makeup or sunscreen.

Apply **Antioxidant Skin Firming Serum** as a makeup primer by patting on the skin and leaving for a few minutes before applying any sunscreen or makeup. This will assist in protecting the skin and avoid clogging of the pores. The **Antioxidant Skin Firming Serum** can be applied after makeup to help it stay on longer. It can also be reapplied through the day to smooth lines and wrinkles and tighten the skin.

For breakouts, apply a dab of either the **Renewal** or **Calming Clay Mask** and leave for 20 mins before removing with the **Calming Makeup Remover**.